



PROGRAMME MANUAL

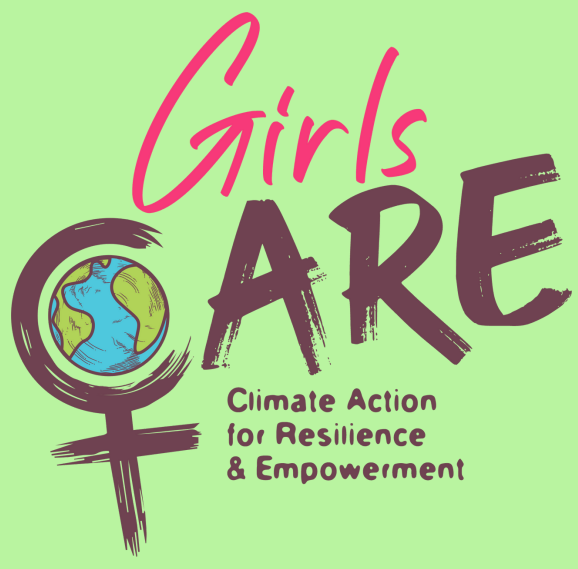
for the Young Women's
Climate Change
Mentorship 2021

Climate Action for Resilience
and Empowerment



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About GirlsCARE

Climate Action for Resilience and Empowerment

WHO IS GIRLSCARE? ♀

GirlsCARE is a merging of girl power, of four Jamaican climate scholar activists determined to use our platform and voices to create space and empower young women to advocate for gender justice in climate action

WHY WE CARE? ♀

The inequality and discrimination experienced by [marginalised] girls and young women are amplified by climate change.

- Sexual and reproductive health rights and access are disrupted due to climate induced disasters
- Violence against girls increases in the form of sexual abuse, trafficking and other forms of exploitation due to economic losses
- Empowerment of women and girls, political and economic is crucial to building the Caribbean's resilience to climate change

HOW WE CARE? ♀

- We provide mentorship to girls and young women involved or interested in climate action
- We use our platforms to advocate for climate actions that are gender responsive
- We provide training and information on climate advocacy.



About FRIDA

Flexibility Resources Inclusivity Diversity Action

FRIDA is a young feminist fund that aids in strengthening the leadership of young feminist activists worldwide. It was formed to provide resources and opportunities globally to women and transgender youth. FRIDA believes that expressing support to young feminists is a vital step to the sustainability of women's movements and organizations. Moreover, they believe in the collective power, expertise, and innovation of young feminist organizers to address causes of inequality in order to create lasting change in their communities.

As a feminist led initiative, FRIDA:

- Provides small grants to support initiatives led by young women and transgender youth under 30 years old.
- Provides capacity development opportunities responsive to the needs of young feminist organizers, and opportunities focused on building relationships that strengthen networks of young feminist activists within multigenerational movements.
- Mobilizes resources to enhance the quality and quantity of funding for women's human rights.
- Increases the knowledge for advocacy and also ensures that policies are inclusive to the priorities of young women and transgender youth.

GirlsCARE Climate Change Mentorship Programme

OVERVIEW

The GirlsCARE Mentorship program is a young feminist led initiative that aims to empower women and girls as advocates for climate action that safeguards the economic, social and environmental rights of women in adaptation and resilience building efforts nationally and regionally.

Our specific goals in this regard are to empower women and girls to engage climate change by building awareness and technical capacity through mentorship and training to advocate for the adoption of gender sensitive and climate just approaches to youth engagement in adaptation and resilience building strategies at the national level, to promote women's and girls economic, social and environmental rights and to promote an integrated approach to climate/gender justice in youth engagement and development planning.

The program objectives are achieved through:

- Mentorship
- Technical presentations
- Network building sessions
- Report and reflection writing
- Virtual activism and event planning

FINAL PROJECTS

At the end of the mentorship program, each mentee will be assigned to a group project to carryout a virtual event/activity focusing on themes such as:

- Gender and Climate
- Climate Activism
- Feminist Activism
- Climate Justice.

The objective of these projects mentee is to increase the awareness of these topics to the public and showcase what they have learnt during the program.

The GirlsCARE Coordinators



Ayesha Constable

Ayesha has researched and published on gender and climate change as part of her doctoral studies, which links her interests in agriculture, youth and gender. She has served as member of several regional and global youth networks including the Caribbean Youth Environment Network, Commonwealth Youth Climate Network, is former Caribbean Coordinator for the Sustainable Development Solutions Youth Network, regional representative for Global Power Shift of 350.org and is currently a Global Advisor to FRIDA- the Young Feminist Fund.



Jhannel Tomlinson

Jhannel Tomlinson is a PhD candidate whose research is focused on community-based adaptation to Climate Change. She is the cofounder of Young People for Action on Climate Change, Jamaica and GirlsCARE Jamaica. She is the Caribbean Advisor for the NextGen Climate Board, Sustainability Lead for the JAWIC Board, the Prime Minister's Youth Awardee for Environmental Protection, 2019 and was most recently listed as one of 50 youth advancing the future of food on the '50 next list'. She has represented Jamaica in Paris, Poland and Spain as a youth climate champion and will travel to Italy in September as the youth delegate for the Driving Ambition Youth Event.

The GirlsCARE Coordinators



Eleanor Terrelonge

A 2018 Jamaica Prime Minister Youth Awardee for Environmental Protection, Eleanor Terrelonge is dedicated to environmental advocacy and action through youth involvement in climate change. She is the founder and director of the Jamaica Climate Change Youth Council (JCCYC) formed in 2017, which is a youth volunteer group raising awareness about climate change among young Jamaicans. She has represented Jamaica as a youth climate change and sustainability advocate in initiatives across the Caribbean region. Currently pursuing a PhD in Molecular Biology at the UWI Mona, she is also building a career as science communicator and writer.



Dainalyn Swaby

Dainalyn Swaby is a communications practitioner who focuses on climate change awareness and the integration of climate responsive actions into the everyday activities of individuals and organizations. She has represented the Caribbean at forums internationally including the and the COP 25 Climate Change Conference. A 2019 Chevening Scholar, she recently complete a MA. in Global Communication and Development at Loughborough University, London. Dainalyn is the creator and host of Global Yaadie, a podcast series exploring culture, climate and sustainable development with people across the globe

GirlsCARE Mentees



Aaliyah Noble

Aaliyah is pursuing a Bachelor's Degree in Mechatronics Engineering at the Caribbean Maritime University. In the future she hopes to develop environmentally friendly technology solutions and create more opportunities to get more women involved in sustainable engineering. She is a member of the Jamaica Climate Change Youth Council (JCCYC). She hopes to gain insight from experienced and knowledgeable women to assist in making her own impact in the fight against climate change.



Akeliah Brown

Akeiliah is a lower sixth form student at the deCarteret College High School in Mandeville, Jamaica. She has a passion for reading, cooking, traveling and helping others, She plans to study culinary arts and environmental studies at the University of Technology. Akeliah applied to this program as she thought it is inspiring to see women strive for change. She would like to venture into climate change education and advocacy because she believes that to attain change, we have to tackle the most crucial thing holding us back; ignorance and a level of tradition.

GirlsCARE Mentees



Anna-Kaye Walters

Anna Kaye Walters is a second year student at the University of the West Indies, Mona studying Geography and Economics. She aspires to make more impact in the climate space through her interest in the concept of economic tools to help combat environmental issues. In the future she aspires to pursue a career in Environmental Economics. She believes through the GirlsCARE initiative she will gain guidance on how to achieve her career and personal goals.



Breana Hutchinson

Breana Hutchinson is a secondary school teacher, dancer and environmental advocate from St. Kitts and Nevis. She is a member of the Caribbean Youth Environment Network (CYEN) and the Anjolie Dance Company based in St. Kitts which practices environmental awareness through dancing. Breana recently acquired an Associate degree at the Clarence Fitzroy Bryant College in Environmental Studies. She sees GirlsCARE as a benefit to becoming a better advocate for the environment and believes it will help her to grow in her pursuits as a young professional.

GirlsCARE Mentees



Dahvia Hylton

Dahvia Hylton is a final year Linguistics and Language Education major at the University of the West Indies. She is a women's rights and child rights activist and currently serves as the Chief Coordinator of the I'm Glad I'm a Girl Foundation (IGIG). She has always had an interest in the environment and has recently been appointed as team lead for research & policy development with the Jamaica Climate Change Youth Council (JCCYC).



Dana Wilson

Dana Wilson completed her course of study for a BSc in Economics at the University of the West Indies in May of 2021 and is set to graduate with First Class Honors. In the future she would like to work in the foreign services to pursue her interest in languages, international relations and travelling. She is an ardent feminist and passionate advocate for climate change and the protection of women and girls from sexual violence. GirlsCARE bridges her interest in climate justice and gender justice.

GirlsCARE Mentees



Georgiana Leslie

Georgiana is a second year student studying Public Policy and Management at the University of the West Indies. She is currently the Public Relations Officer for the county Surrey in the CYEN. Georgiana joined GirlsCARE to learn about climate change and to enhance her knowledge, in order to share information with other youths. She expects the program to help her educate and empower other youths.



Genesis Whitlock

Genesis Whitlock is a student from St. John's, Antigua who is passionate about transformative justice. She is a coordinator for Climate Justice Antigua and Re-Earth initiative. Through this program she hopes to learn from a supportive community of Caribbean women to implement climate justice solutions in Antigua in the future.

GirlsCARE Mentees



Judene Josephs

Judene Josephs is a student at Howard University studying Political Science and Economics. Climate change and action are two areas that Judene has grown to be very passionate about. Through this passion she has begun her involvement by joining different forums and learning ways to help spark change. She applied to GirlsCARE as she believed it would provide her with the professional and personal development she needs while also learning more about the environment and ways she can be a part of the solution.



Kayla Francis

Kayla Francis is a student at the St. Andrews School for Girls in Kingston, Jamaica. She has plans to pursue a Bachelors degree in Economics at the University of the West Indies, Mona. A goal of hers is to be more sustainable and environmentally conscious, to raise awareness for how consumerism is harmful to our environment, and own a business that provides people in the Caribbean with sustainable alternatives to items used daily. Kayla applied to GirlsCARE to connect with other young persons interested in the areas of environmental protection and conservation.

GirlsCARE Mentees



Norrisha Morally

Norrisha Morally is a graduate of the University of the West Indies with a Bachelor of Science in Microbiology. She has a love for the environment and hopes to further her education in environmental toxicology in order to help Jamaica reach a more sustainable future. As an educator, she believes it is important to empower students to advocate on issues outside the formal curriculum such as climate change.



Roshae Gordon

Roshae Gordon is a second year Law student at the University of the West Indies, Mona. Her interest in climate action stemmed from a recognition of the need to protect the environment. This passion inspired her to pursue Environmental Law, to provide regulatory advice to individuals and firms on environmental protection and conservation and to influence environmental protection laws. Roshae applied to GirlsCARE to nurture her passion and to gain guidance on how to be more impactful in the climate space.

GirlsCARE Mentees



Sarai Hutchinson

Sarai Hutchinson is currently pursuing a bachelor's degree with a major in Biology and a minor in Environmental Science. Her career goal is to become an Environmental Biologist, which will allow her to focus on the biology of ecosystems and environmental processes and to lobby for their protection. The GirlsCARE Climate Change Mentorship Programme presents an opportunity for her to accomplish this goal.



Zola Hinds

Zola Hinds is a Project Officer at the JN Foundation. Her interest in climate change originated from her participation in the Environmental Club at Glenmuir High School. Zola is a volunteer in the capacity of Director of Project Planning within the Jamaica Climate Change Youth Council (JCCYC). She saw the GirlsCARE Mentorship program as a great opportunity to learn and receive personalized guidance from global experts and activists who have led successful initiatives and have extensive knowledge in the area.

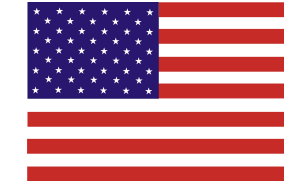
GirlsCARE Mentees

Fabiana Flores

Fabiana Flores is a student of the environmental engineering career and has great interest in the environment. In the past year, she has taken courses in climate change at her University and has participated in climate based debates. She saw GirlsCARE as a great opportunity to learn more about climate change and the actions taken by other countries. Additionally, as a program made exclusively for women, she believed it would encourage and empower her in her career and passions.

GirlsCARE Mentors

USA/St. Lucia



Alejandra Padin-Dujon

Alejandra is a recent graduate of the London School of Economics (MSc Development Studies '20) and Yale University (BA Modern Middle Eastern Studies and Mathematics /Philosophy '18). She is currently employed as a policy analyst at the Antigua and Barbuda Department of Environment, where her work ranges from impact assessment to international climate policy. She speaks Spanish, French, and Arabic, and is a dual citizen of the USA and St. Lucia. In her spare time, Alejandra likes to dance and drink guava smoothies.

Jamaica



Ayesha Constable

Ayesha has researched and published on gender and climate change as part of her doctoral studies, which links her interests in agriculture, youth and gender. She has served as member of several regional and global youth networks including the Caribbean Youth Environment Network, Commonwealth Youth Climate Network, is former Caribbean Coordinator for the Sustainable Development Solutions Youth Network, regional representative for Global Power Shift of 350.org and is currently a Global Advisor to FRIDA- the Young Feminist Fund.

GirlsCARE Mentors

Jamaica 

Dainalyn Swaby

Dainalyn Swaby is a communications practitioner who focuses on climate change awareness building and integration of climate responsive actions into the everyday activities of individuals and organizations. She has represented the Caribbean at forums internationally including the United Nations Youth Climate Summit and the COP 25 Climate Change Conference. A 2019 Chevening Scholar, she recently complete a MA. in Global Communication and Development at Loughborough University, London. Dainalyn is the creator and host of Global Yaadie, a podcast series exploring culture, climate and sustainable development with people across the globe

Trinidad and Tobago 

Dizzanne Billy

Dizzanne Billy is communications and marketing specialist who enjoys applying her knowledge and practical experience to the environmental and climate change movement. She holds an MSc degree in Global Studies, having completed her thesis on the study of the effectiveness of global environmental governance in the biodiversity agenda. Dizzanne is the Communications and Outreach Manager for the global youth-led climate journalism network - Climate Tracker and an active climate change communicator, publishing on climate change and participating and leading discussions on the theme, locally, regionally, and internationally.

GirlsCARE Mentors

Jamaica



Eleanor Terrelonge

A 2018 Jamaica Prime Minister Youth Awardee for Environmental Protection, Eleanor Terrelonge is dedicated to environmental advocacy and action through youth involvement in climate change. She is the founder and director of the Jamaica Climate Change Youth Council (JCCYC) formed in 2017, which is a youth volunteer group raising awareness about climate change among young Jamaicans. She has represented Jamaica as a youth climate change and sustainability advocate in initiatives across the Caribbean region. Currently pursuing a PhD in Molecular Biology at the UWI Mona, she is also building a career as science communicator and writer.

Jamaica



Jameela Geddes

Jameela Geddes is an environmental development practitioner and educator, with an immense passion for nation building and emergent youth leadership. In 2017, she represented Jamaica at a multilateral leadership summit, on Forestry Law and Economic Governance (FLEG) in Beijing, China here she spoke on forestry law/ international environmental policies and governance. She was a member in the Climate Reality Leadership Corps, where she received training from former United States Vice President, Al Gore, in working to solve climate crises and build a healthy future for Earth. She founded View My World Photography Camp, which uses technology to engage children 6-17 years old, in environmental advocacy; reflecting her passion for the discipline and youth leadership, in the protection and preservation of the natural environment.

GirlsCARE Mentors

Jamaica



Jhannel Tomlinson

Jhannel Tomlinson is a PhD candidate whose research is focused on community-based adaptation to Climate Change. She is also a scholar activist who is cofounder of Young People for Action on Climate Change, Jamaica and GirlsCARE Jamaica. She is the Caribbean Advisor for the NextGen Climate Board, Sustainability Lead for the JAWIC Board, the Prime Minister's Youth Awardee for Environmental Protection, 2019 and was most recently listed as one of 50 youth advancing the future of food on the '50 next list'. She has represented Jamaica in Paris, Poland and Spain as a youth climate champion and will travel to Italy in September as the youth delegate for the Driving Ambition Youth Event.

St. Kitts and Nevis



Dr. Joyelle Clarke

Dr Joyelle Clarke is a youth activist encouraging environmental justice through activism and volunteerism. She has been involved in livelihoods research for over 10 years working on areas of post sugar economic transition, agricultural livelihoods, cooperatives, and climate change. She has been an educator for the past 5 years, working closely with the Cayon High School Environment Program. She has engaged in consultations specific to reviewing of the Early Childhood sector in St Kitts, in partnership with UNESCO; transforming schools into green spaces in collaboration with the GEF Small Grants Program and Cayon High; and youth empowerment through educational programs for domestic violence with professionals from St Kitts; as well as environmental career fairs at the Cayon High School.

GirlsCARE Mentors

Leah Fouchong

Trinidad and Tobago



Leah Fouchong is a Geographer Teacher at St. Francois Girls' College for over the past thirteen years. She has a Master's degree in Biodiversity Conservation and Sustainable Development. Leah has participated in several international conferences and workshops such as the Conference of Caribbean Disaster Management, Jamaica 2010 and the Conference of Youth on Climate change, Peru 2014. She founded the Facebook community; Changemakers for the Environment to empower the public to learn, advocate and actively volunteer in environmental initiatives. She also founded an environmental enterprise, Coexistence Expeditions which is an eco / geo tourism business aimed at promoting sustainable tourism through education, awareness and empowerment.

Nakasi Fortune

Guyana



Nakasi is a young, black, Guyanese woman who is deeply passionate about connecting people to nature. Over the years, Nakasi has worked actively to empower young people in Guyana to develop solutions to the country's environmental issues. Further to that, she has worked with development organizations to encourage youth involvement in Agriculture. She has traveled across African and Caribbean countries social reporting on international agricultural conferences. Nakasi is an avid volunteer and prides herself on making meaningful contributions to spaces that she enters. In this regard, she is committed to working alongside underserved (black and brown) communities across the world for their advancement.

GirlsCARE Mentors

Barbados



Sade Deane

Sade has been formally trained in Tourism and Project Management at the University of the West Indies-Cave Hill Campus. She has served seven years of Youth Leadership and Environmental Sustainability with the Caribbean Youth Environment Network (CYEN). She lobbied for the Barbados Conference of Youth-COY through YOUNGO in 2018. In addition, her work extended in the Tourism sector where she has contributed to a low carbon development project by Travel Foundation and the Saint Lucia Ministry of Tourism. She aims to facilitate further action in Tourism and linking other sectors to tackle climate change through her start up Stepup Sustainability Solutions.

St. Lucia



Snaliah Mahal

Snaliah Mahal has a Bachelor's degree in International Relations and an MSc in Climate Change and International Development. Snaliah currently works as a consultant on the Global Environment Facility Small Grants Programme. She is a member of the Caribbean Youth Environment Network in Saint Lucia (CYEN) since 2011 and a member of the Saint Lucia National Trust (SLNT) from 2014 and currently serves as a member the SLNT Council. She also sits on the Board of Directors of the Saint Lucia National Conservation Fund (SLUNCF). Snaliah is the Founder and Owner of a micro-business (7Ks), which specialises in sustainable alternatives to everyday products and upcycled handmade jewellery and home décor.

Tips to be a Successful Activist

- Find your why. Why are you a climate activist?
- Join organizations and groups that focus on the issues you advocate for
- Your voice is important, use it to increase the awareness of the issue at hand.
- As an activist, time management is very vital.
- Education is important, make use of every opportunity to educate yourself and your peers
- Encourage grassroots activism and in every opportunity hold elected officials accountable for the things that need to be done
- Social media is a very useful tool, use it to your advantage especially to increase awareness and climate conversations.
- There is no set way to be an activist, all it requires is yourself and your passion. As such, remember who you are and mark your path.
- Activism can be tiring and disappointing. Always schedule time for self care, this is important
- Awareness is a major aspect of activism, however the way information is shared among people is also vital.

Tips to be a Successful Mentor

- Communication is the key to successful mentorship. Communicate and share your expectations with your mentees
- Share your stories and experiences of your journey
- Do not be afraid to share mistakes you have made or any failures you have experienced along the way
- Take time to get to know your mentee personally
- Find ways to educate and challenge your mentees through different projects and tasks
- Help your mentee to articulate their personal values and goals.
- Provide helpful feedback to aid mentees to build on their skills and qualities
- Share your network with your mentee
- Consistency is key, be consistent in how you communicate and work with your mentee, if possible set fixed times to meet.
- A mentorship is a learning process for both the mentor and mentee, try to be open minded.

SPEAKERS

1. **Bridget Burns**

- Director of the Women's Empowerment and Development Organization

2. **Maria Alejandra Escalante**

- Climate and Environmental Justice Advocacy Officer at FRIDA

3. **Jevanic Henry**

- Sustainable Development Practitioner

4. **Maria Reyes**

- Member of Fridays for Future

5. **Xiomy Acevedo**

- Director and Founder of Barranquilla+20

6. **Dizzanne Billy**

- Communications and Outreach Manager at Climate Tracker

7. **Dainalyn Swaby**

- Creator of podcast series, Global Yaadie

8. **Emma Lewis**

- Environmental Blogger and creator of "Emma's Blog"

9. **Sadie Decoste**

- Co-founder and co-director of the Loss and Damage Youth Coalition

10. **Ineza Grace**

- Co- director of the Loss and Damage Control Coalition

11. **Sanam Amin**

- Feminist activist, Writer and Researcher

SEMINAR ROSTER

MENTOR/MENTEE CONTRACT

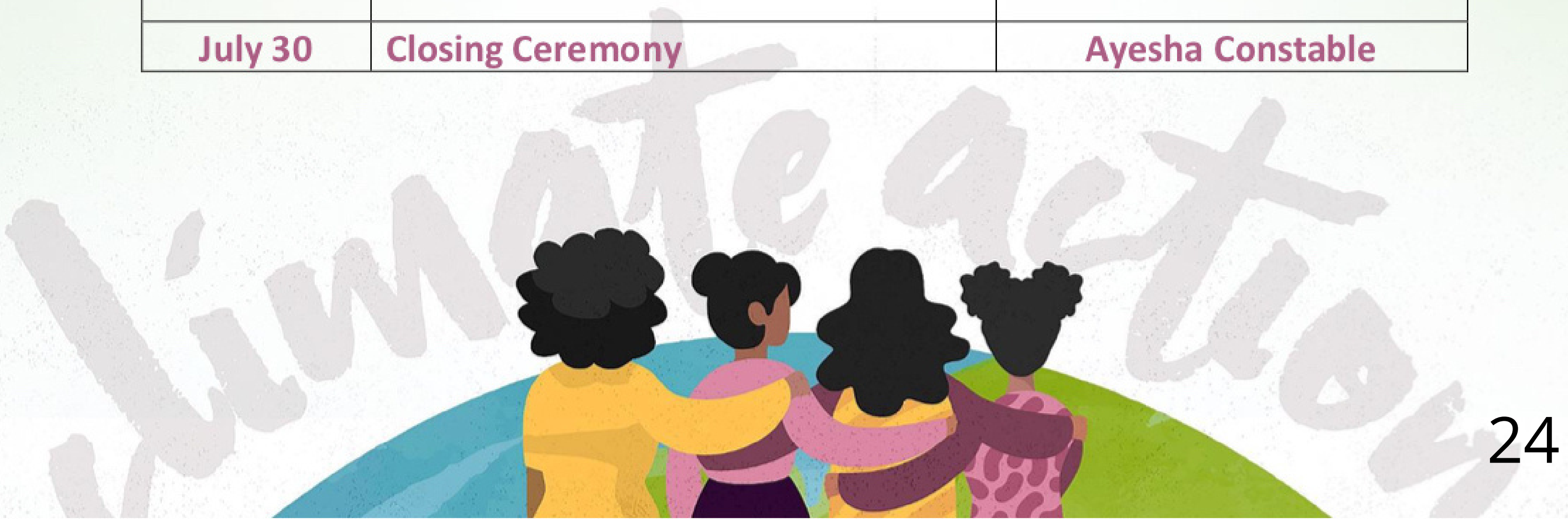
REFLECTION TEMPLATE



GIRLSCARE YOUNG WOMEN CLIMATE CHANGE MENTORSHIP

Roster of Speakers

Date	Topic	Speaker
March 31	Launch Event	Bridget Burns
April 16	The Science & Politics of Climate Change	Maria Alejandra Escalante
April 21	Regional Action on Climate Change: A Youth Perspective	Jevanic Henry
April 28	Climate Activism in the Global South: Youth on the Frontlines	Xiomy Acevedo
May 5	Feminist Approaches to Climate Action	Sanam Amin
May 12	Climate Advocacy: Tools & Strategies	IWRAW Asia Pacific Rep
May 26	Communicating Climate Change	Dizzanne Billy
June 2	Youth Action on Climate Change	Vanessa Nakate
June 16	Social Media Actions on Climate Change	Dainalyn Swaby Emma Lewis
June 23	COP26: Youth Participation & Priorities	YOUNGO Representative
July 1	Virtual Projects	Mentees
July 30	Closing Ceremony	Ayesha Constable





GirlsCARE

Climate Change Mentorship Program

Mentor - Mentee Initial Contract	
1. Our vision statement <i>What is the overall vision for the programme that will guide your actions?</i>	
2. Our three core goals (what we want to achieve):	
3. We will achieve these goals by (actions/activities we will undertake):	
4. Resources we will need and how we will access these:	
5. Proposed timeline for achieving these goals/actions: <i>When do we plan to commence work towards these, by when will we achieve these goals?</i>	
6. How often will we communicate/meet?	
7. How will we communicate? <i>If you plan to use different communication tools for different purposes (e.g. skype for monthly meetings versus instant messaging/WhatsApp for regular updates etc.), please describe these</i>	
8. How will we motivate each other?	
9. Agreement on providing and dealing with feedback: <i>A brief statement outlining how you will provide positive and constructive feedback to each other and incorporate this into your work/relationship</i>	
10. How will we address any problems or conflict that arises?	
Mentor name:	Mentee name:
Mentor signature:	Mentee signature:
Date:	Date:



GirlsCARE

Climate Change Mentorship Program

SEMINAR REFLECTION	
1. Name	
2. Name & Date of Seminar/Presentation	
3. What was your main takeaway (s) from the seminar?	
4. What new information did you learn?	
5. How will you integrate this new information into your advocacy?	
Mentor name:	
Date:	